

Seven Days of Promises

May 15, 2016

Notes: Happy-ER

**Monday** Ps 133

**Tuesday** Rom 12:4-8

**Wednesday** Heb 10:24-25

**Thursday** Eph 5:17-21

**Friday** Phil 2:3-4

**Saturday** Ecc 3:12

**Sunday** Ps 82:3-4

Belonging to a family or a community is one of the most important things you can do for your spiritual, social, mental and physical wellness. When a family operates well it is one of the most powerful forces in a person’s life. When it does not operate well the same is true. Belonging to a group of people, feeling like you are a part of something that has people that care for you and you care for them is a wonderful way to increase your happiness. Today we will talk about community/family and how it helps us deal with life and increases our satisfaction and happiness.

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The one point I want to take from today’s message is:

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